# **Personality Strengths**

SHARK PERSONALITY - EMOTIONAL NEEDS = POWER & CONTROL			
Emotions	At Work	As a Parent	As a Friend
Born Leader	Goal Orientated	Exerts sound leadership	Has little need for friends
Dynamic & Active	Sees whole picture	Establishes goals	Works for group activity
Compulsive need for	Organiser	Motivates family to action	Will lead & organise
change	Seeks practical solutions	Knows the right answer	Is usually right
Must correct wrongs	Moves quickly to action	Organises household	Excels in emergencies
Strong-willed & decisive	Delegates work		
Does not show emotions	Insists on production		
Not easily discouraged	Makes the goal		
Independent & self-	Stimulates activity		
sufficient	Thrives on opposition		
Exudes confidence			
Can run anything			

WHALE PERSONALITY - EMOTIONAL NEEDS = TEAM & SUPPORT			
Emotions	At Work	As a Parent	As a Friend
Low key	Competent - Steady	Good Parent	Easy to get on with
Easy going and relaxed	Peaceful - Agreeable	Takes time for children	Pleasant & enjoyable
Calm, cool, fairly	Administrative ability	Is not in a hurry - slow	Inoffensive
Patient & well balanced	Mediates problems	Can take Good & Bad	Good Listener
Consistent life	Avoids contacts	Doesn't get upset easily	Dry sense of humour
Quiet but witty	Good under pressure	Patiently listens to child	Enjoys watching
Sympathetic & kind	Finds the easy way		Has many friends
Keeps emotions hidden			Compassion - Concern
Happily reconciled to life			
All-purpose person			

DOLPHIN PERSONALITY - EMOTIONAL NEEDS = FUN & RECOGNITION			
Emotions	At Work	As a Parent	As a Friend
Appealing personality	Volunteers for jobs	Makes Home fun	Makes friends easily
Talkative story teller	Thinks up new activities	Is liked by children/friends	Loves people
Life of the Party	Looks great on surface	Turns disaster into humour	Thrives on compliments
Great sense of humour	Creative & colourful	Is the circus master	Seems exciting
Memory for colour	Has high Energy		Envied by most others
Demonstrative &	Starts in a flashy way		Doesn't hold grudges
Enthusiastic & expressive	Inspires others to join		Apologises quickly
Cheerful & bubbly	Charms others to work		Prevents dull moments
Curious			Loves spontaneity
Lives in the present			
Sincere at heart			
Changeable disposition			
Always the child			
Wide-eyed & innocent			

URCHIN PERSONALITY - EMOTIONAL NEEDS = RESPECT/BEING RIGHT			
Emotions	At Work	As a Parent	As a Friend
Deep & thoughtful	Schedule orientated	Sets High Standards	Makes friends cautiously
Analytical	Perfectionist & high standard	Wants all done "Right"	Prefers to stay behind
Serious & purposeful	Detail conscious	Keeps home in good order	Avoids causing attention
Genius prone	Persistent & thorough	Picks up after children	Faithful & devoted
Talented and creative	Orderly & organized	Sacrifices own will	Listens to complaints
Artistic or musical	Neat & Tidy	Encourages talent and	Can solve problems
Philosophical and Poetic	Economical	Education	Deep concern for others
Appreciative of beauty	Sees the problems		Moved to tears with
Sensitive to others	Finds creative solutions		Compassion
Conscientious	Has to finish a job		Seeks 'ideal' mate
Idealistic	Likes charts, graphs		
Self-Sacrificing	Likes lists & figures		

# **Personality Weaknesses**

SHARK PERSONALITY WEAKNESSES - The Doer - The Optimist - The Extrovert			
Emotions	At Work	As a Parent	As a Friend
Bossy	No tolerance for mistakes	Tends to over-dominate	Tends to use people
Impatient	Doesn't analyze details	Too busy for family	Dominates others
Quick-tempered	Bored by trivia	Gives answers too quickly	Decides for others
Can't relax	May make rash choices	Impatient with poor	Knows everything
Too impetuous	May be rude or tactless	Performance	Does everything better
Enjoys controversy	Manipulates people	Won't let children relax	Is too independent
Enjoys arguments	Demanding of others	May send children into	Possessive of friends
Won't give up when losing	End justifies the means	depression	Can't say "I'm sorry"
Comes on too strong	Work may become god		May be right but also
Inflexible	Demands rank loyalty		Unpopular
Dislikes tears & emotions			
Is unsympathetic			

#### WHALE PERSONALITY WEAKNESSES - The Introvert - The Watcher - The Pessimist

<u>Emotions</u>	At Work	As a Parent	As a Friend
Unenthusiastic	Not goal orientated	Lax on discipline	Dampens enthusiasm
Fearful & worried	Lacks self-motivation	Doesn't organise home	Stays uninvolved
Indecisive	Hard to get moving	Takes life too easy	Is not exciting
Avoids responsibility	Lazy & careless		Indifferent to plans
Quiet will of iron	Discourages others		Judges others
Selfish	Would rather watch		Sarcastic & teasing
Too Shy and reticent			Resists change
Too compromising			

## DOLPHIN PERSONALITY WEAKNESSES - The Extrovert - The Talker - The Optimist

<b>Emotions</b>	At Work	As a Parent	As a Friend
Compulsive Talker	Would rather talk	Keeps home in a frenzy	Hates to be alone
Exaggerates & elaborates	Forgets obligations	Forgets children's appts.	Needs to be centre stage
Dwells on trivia	Doesn't follow through	Disorganised	Wants to be popular
Can't remember names	Confidence fades fast	Doesn't listen to the whole	Looks for credit
Scares others off	Undisciplined	story	Dominates interaction
Too happy for some	Priorities not in order		Interrupts
Has restless energy	Decides by 'feeling'		Does not listen
Egotistical	Easily distracted		Answers for others
Blusters & complains	Waste time 'talking'		Can be fickle
Naive - gets taken in			Can be forgetful
Loud voice & laugh			Makes excuses
Gets angry easily			Repeats stories

### URCHIN PERSONALITY WEAKNESSES - The Introvert - The thinker - The Pessimist

Emotions	At Work	As a Parent	As a Friend
Remembers the negatives	Not people orientated	Puts goals beyond reach	Lives through others
Moody & depressed	Depressed over	May discourage children	Insecure socially
Enjoys being hurt	Imperfections	May be too meticulous	Withdrawn & remote
Has false humility	Chooses difficult work	Becomes martyr	Critical of others
Off in another world	Hesitant to start projects	Sulks over Disagreements	Holds back affection
Low self-image	Too much time planning	Places guilt on children	Dislikes those in
Has selected hearing	Prefers analysis to work		Suspicious of people
Self-centered	Self-deprecating		Antagonistic
Guilt feelings	Hard to please		Vengeful
Persecution complex	Standards often too high		Unforgiving
Tends to hypochondria	Deep need for approval		Full of contradictions
Too introspective			